

From: Robert Adams

P.O. Box 7210

Canoga Park, California 91306

*undated (probably 1992)*

Dear Kym,

I received your card and donation and wish to thank you. No, it is not strange living in a society that fails to understand the message of the Jnani. Not all are ready to leave the mortal dream. Many cannot accept the simple way back to their true state of happiness.

The pull of the world is too great for some. Others have begun to turn in His direction. They are ready and have been called. Everything is pre-ordained.

Spend some time in the Silence. This is the way to your true self.

Study the Transcripts and your life will take on a whole new dimension. Then the overly busy world, you spoke of, will not be the focal point in your life.

There is only One Self and you are That.

Through the Love and Light of Oneness,

(his signature)

Robert Adams

RA/ms

P.O. Box 7210

Jordan Ave. D 30

Canoga Park, Calif. 91304

June 18, 1992

Dear Kym,

I received your letter and was glad to hear from you.

You will continue to benefit from reading the transcripts. When you are receptive the Grace flows and you are lifted to a higher understanding of who you are.

One is always drawn to that which he needs in his present stage of development.

You are doing well. The appropriate time will come when you are able to attend our satsang.

Remember the Jnani is Omni present and always with you, as the Self. There is only one Self.

Be true to your self. God dwells in you as you. Peace.

In the Love and Light of Ramana,

(his signature)

Robert Adams

P.S. Thank you for your contribution.

The thought behind giving helps to develop a greater understanding of what selflessness means. It is one of the attributes that lead to self-awareness.

MES/RA

P.O. Box 7210

Jordan Avenue, D 30

Canoga Park, Calif. 91304

July 20, 1992

Dear Kym,

I received your card and contribution. Thank you. I receive many phone calls asking if it is necessary to have a Guru. We can proceed alone only so far, but a Realized Being is necessary if we wish to make further progress.

Like anything in this world, there are certain procedures to follow if we expect to succeed. One can't become a doctor from reading a few medical books. The same holds true for one seeking Self-Realization.

Lifetimes of spiritual practice, with the desire to awaken, guides us in the right direction, eventually leading us to the proper teacher we need at that time. When we are ready we will be led to the Jnani who will take us step by step into the Absolute Awareness.

Find out who you are through self-enquiry and life with its' so-called problems will then be resolved.

You are where you are supposed to be, doing what you are supposed to be doing. Your life is pre-ordained. There are no mistakes.

We recently started a practice here that is a helping factor for the disciple in his quest for Self-Realization.

We sit in silence from 12 midnight to 3 a.m. and again from 6 a.m. to 9 a.m. You choose the time best suited for you. You will always find time when your heart moves in that direction, whether it is one hour or more. The Jnani is om-ni-present. He knows your sincerity.

You tune into the power that emanates from the Jnani. It uplifts you. No matter where you are in this entire universe, you will derive great benefits.

This is not a meditation. This is a time we devote to sitting in the silence. Let the thoughts come without giving them your attention and they will gradually leave. Picture the

Jnani in your Spiritual Heart, on the right side of your chest. See him as the center of the sun. See this picture become larger and larger finally encompassing the entire Universe. This is your true reality. The Jnani and you are one.

When you feel the Jnani's Grace you are beginning to feel the Oneness with Him. The Jnani is All Pervading Absolute consciousness. The world is losing its hold on you. Then you will experience your true nature.

The mind will no longer control you for you see life as the mortal dream. Be the witness but do not react and all the so-called problems of life will slowly fade from view.

Remember the finite can never describe the Infinite. There are no words.

You are completing the cycle back to Oneness.

You are dear to the Jnani through the Love and Light of Ramana.

(His signature)

Robert Adams

P.O. Box 7210

Jordan Avenue D 30

Canoga Park, Calif. 91304

August 17, 1992

Thank you for your letter and contribution. I am writing to let you know I appreciate your concern regarding my time. Corresponding helps to strengthen the tie that binds disciple to Guru.

It is true what you say about living at a distance from the Guru. Disciples in close proximity to the Guru receive less of His Grace, when they lack receptivity. The Grace is always there, He is Om-ni-present. Receptivity and surrender of the ego are important. They are two of the main requisites for awakening.

I am pleased that you are trying to follow the designated times for sitting in the Silence with the Jnani. Even a little effort will benefit you greatly.

Yogic practices make you peaceful and this is good. The Self-Inquiry method can be practiced any time and anywhere. It ultimately leads to a lasting peace that surpasses all understanding.

Have faith in the One Power permeating all of creation and beyond. Believe in your Self. Pray to your Self, for God dwells in you as you. Om Shanti, Peace.

Through the Love and Light of Ramana.

Sincerely,

(His signature.)

Robert Adams

RA/ms

P.O. Box 7210  
Jordan Avenue D 30  
Canoga Park, California 91304

October 24, 1992

Dear Kym;

I received your letter and want to thank you for your contribution and concern for my well being.

Referring to the first part of your letter regarding Grace, when a disciple experiences Grace it is because of his sincerity and dedication to his spiritual quest. The Guru is aware of this.

Go one step further and ask yourself who experienced this flow of Grace. Follow the I to its source. When you go beyond the mind you will find there is only One Self. There the I does not exist. It is all Bliss that cannot be explained through words.

In questioning the existence of life on this planet over countless eons of time, you should know the world, the universe, and all of life has been created by the mind. If we give it credence, it exists for us. We must go beyond the mind where we learn our true state is Silence. Yet it is not a state. The Silence is all pervading consciousness.

The ego mind stands in the way of knowing our true identity. The mind gradually loses its power to control when we learn to let go and not re-act to conditions. We live in the world and function as required yet we know we are not the body-mind.

You should not be too concerned about awakening. Trust that to the Power that knows the way. All is pre-ordained. First find out who you are.

Being saintly is not a prerequisite to awakening, for there is no past and no future to think about. Stay in the eternal now as everything is unfolding as it should.

The feeling of initiation you spoke of was coming from the Heart Center, which is on the right side of your chest, 2 digits from the center. The Heart Center is not a chakra. The source of energy within you is your Spiritual Heart. This is the source of Universal Power.

Continue the self-enquiry practice "who am I"? This will enhance your growing awareness.

All is Brahman, One Consciousness. It is all One and you are that.

You are in His Light and Love.

(his signature)

Robert Adams

P.O. Box 7210  
Jordan Avenue D 30  
Canoga Park, Calif. 91304

December 8, 1992

Kym Chaffin  
P.O. Box 424  
Stillwater, Okla. 74076

Dear Kym;

I received your letter of November 16, and was pleased to hear from you.

The gesture of sharing is admirable and received with appreciation along with the picture you enclosed.

Now in regards to what you read in one of the transcripts that deals with the mind. The mind has created the entire world including the universe. The heavens and hells and inner planes are all a creation of the mind. It is only when we go beyond the mind that we find the truth of this statement.

Through the diligent practice of Self-Enquiry we will learn who we are. When the truth of this is known, we will see the mind and all its creation is part of the illusory dream. Time and space is also part of the dream. The mortal dream is the longest dream of all.

The non-dualistic approach to Spirituality is the simple means of conquering the mind to find out who we are.

We can enquire, Who Am I, many times through the day no matter what we are doing. Your daily activities won't be disturbed by this. If anything it will enhance your ability. It will make you one pointed, more efficient and more creative.

All this means is, you have realized you no longer are the doer, (you the ego). The ego-mind is no longer in control. You have delegated the authority to the One Self, the Self of All, and you are That.

From Heart to Heart

In The Oneness,

(his signature)

Robert Adams



P.O. Box 7210  
Jordan Avenue D 30  
Canoga Park, CA 91304

Kym Chaffin  
P.O. Box 424  
Stillwater, OK  
74076

Dear Kym;

Thank you for your letter and contribution. Thank you also for your concern regarding my health.

The Jnani's Grace is always with you. Sitting at the designated times with surrender will open you to the ever flowing Grace. Discipline is first and foremost. Discipline is necessary so the heart is open to surrender.

You are doing well. Continue with your schedule for practices. Time difference is no problem. We have disciples all over the world sitting at that time according to their time. You will continue to benefit from your practice.

It is only natural for you to want to tell others about what you have found. Many people have been helped in this way, but only if they are earnestly seeking for answers to who they are and why they are here. Even if they start out only wanting a cure for their problems, if they surrender to a Higher Power they will break the hold the mind has on them.

There comes a time when all souls break away from the mind and the world. They do not have to give up the world or their possessions and go live in a cave. They can be in the world, doing what they came here to do, but their thoughts are centered in the Oneness in the Heart of Consciousness.

I look forward to seeing you in the spring.

In the Love and Light of Oneness.

(signature)

Robert Adams

P. O. Box 7210  
Jordan Avenue D 30  
Canoga Park, California 91304

February 26, 1993

Kym Chaffin  
P.O. Box 424  
Stillwater, Okla. 74076

Dear Kym,

I received your letter and was pleased to hear from you. Thank you for your contribution and your concern for my well being.

We come to Advaita either through Bhakti or Jnana. One is devotional, the other is knowledge. Ultimately they both merge and become one. Bhakti is an ideal way since it deals with the heart and surrender. Jnana sometimes is difficult as the ego comes more into focus. Jnana is good if one doesn't become too filled with their own self worth.

You are following the inclination that is suited for you. Your sincere desire for a guru is destined to be, for all things are pre-ordained.

This is the one freedom we have, and that is to find our way out of the mind's control, beyond the world of Maya.

I am glad to hear you are experiencing success in your writing endeavors.

Keep up your practice of Self-Inquiry and you will notice many changes in your life.

Love and Consciousness In One,

(his signature)

Robert Adams

P.O. Box 7210  
Jordan Avenue, D 30  
Canoga Park, Calif. 91304

April 19, 1993

Kym Chaffin  
P.O. Box 424  
Stillwater, Okla. 74076

Dear Kym;

Thank you for your letter and your contribution. In giving from the heart we give from the Self.

It is good you are practicing atma vichara. Sitting in silence is most important, what ever way suits you best.

These periods of silence will always bring your view of life into it's right perspective. Your answers are all within.

You will understand how the mind has created this mortal dream. It is through effort and surrender that brings

The Realization to the seeker. That brings you to realize you are what you are seeking. Trust in the Power that knows the way.

You are doing well with your practice.

We look forward to your visit to Los Angeles.

As your plans formulate we will send you information as to the time and place of Sat Sang.

In the Love and Light of Oneness,

(his signature)

Robert Adams

RA/ms

P.O. Box 7310  
Jordan Avenue D 30  
Canoga Park, Calif. 91304

June 23, 1993

Kym B. Chaffin  
P.O. Box 424  
Stillwater, Oklahoma  
74076

Dear Kym;

I have received your letter and contribution and want to thank you.

In regard to questions about Grace, you should know Grace is flowing continuously. Your association with the Guru assures you of that. No, it cannot be lost. We disassociate ourselves from Grace only when we become so engrossed in the world. But Grace is always there. Yes, even if one should rob a bank, it is still there. But man cannot serve both God and mammon at the same time. The choice is his to make.

If the devotee should die he would still have the Grace, having been a disciple of the Guru. Grace and Guru are One.

Remember the sole purpose of our coming here is to find OurSelf.

Upon the death of the Guru, as I state above, Grace is always there. Once you have made the connection with the Guru, he will never leave you, even after the so-called death of the Guru. But ask yourself, who dies?

This is a world of duality. Guru and devotee are One. There is only One Self. Upon awakening from this mortal dream you will realize this.

The questions in your letter have not been insignificant. They show depth of sincerity, wanting to know.

You are doing fine Kym. My thoughts are always with you.

In The Light and Love of Oneness.

(his signature)

Robert Adams

P.O. Box 7210  
Jordan Avenue, D. 30  
Canoga Park, California 91304

K.B. Chaffin  
P.O. Box 424  
Stillwater, Oklahoma 74076

Dear Kym,

I have received your recent letter with your contribution and want to thank you.

Your desire to change is brought about not only through associations but also from lifetimes of preparation on the Spiritual paths.

You speak about praying for the people who have been the source of irritation in your life. That is one way of handling it, but you can approach it in a more direct way by asking yourself, "To whom does this come?" "Who is being spitefully used?"

The mind is influencing you, causing you to feed thoughts into an unending situation that is holding you back from your spiritual growth.

Yes, you do feel an inner release from praying to God but it does not erase the cause completely. Ask yourself who is God? He is none other than the One Self.

Self-enquiry takes you beyond this into the Silence, and a release from your mind.

The practice you plan to hold onto the rest of your life will only keep you in the mind plane. Go a step further and let go where you will be in total freedom from the mind.

Remember, you are always in my thoughts.

Abide in the Oneness,

(his signature)

Robert Adams

*This was after the Los Angeles earthquake. I was a little worried about him so I wrote him. It seems like a big light fixture in his apartment crashed or something a lot like that. He had damage.*

*Kym*

P.O. Box 7210  
Jordan Avenue D 30  
Canoga Park, Calif. 91304

Kym. B. Chaffin  
Box 424  
Stillwater, Ok. 74076

Dear Kym,

I received your letter and contribution. I wish to thank you for your concern.

These so-called disasters are nature's way of balancing the creation.

The dream becomes more vivid and disruptive in times like this. Still, if we can remember a dream is all it is and continue to enquire who is dreaming, we will awaken with a much different outlook.

Our main reason for being here is to awaken this time and finish the chain of future dreams.

Through Love and Light in Oneness,

(his signature)

Robert Adams

RA/ms

P.O. Box 7210  
Jordan Avenue D-30  
Canoga Park, California 91304

Kym B. Chaffin  
Box 424  
Stillwater, Oklahoma  
74076

Dear Kym,

I have received your letter with contribution and want to thank you.

The answer to the first part of your letter is correct. In letting go you will find that everything works out much better than you can ever imagine. One gets in the way of the power that knows the Way. With surrender to the Power you will never need to be concerned about the outcome. All is pre-ordained and in keeping with what is necessary for our continued advancement Spiritually.

Your desire to visit Los Angeles again will come about when it is time. Your longing will bring this about and the means will be there.

Remember there are no mistakes and none are being made. Flow with the Current that knows the way. Keep on with your devotion and Self-enquiry.

With complete dedication it will take you to what you are and always have been, One in Bliss Consciousness.

Through the Love and Light of Oneness,

Robert Adams

Robert Adams  
p.o. box 7210 D- 30  
Canoga Park, California 91304

Kym Chaffin  
P.O. Box 424  
Stillwater, OK 74076

Dear Kym,

I have received your letter and want to thank you for your contribution. What we feel when we have the desire to share comes from the Heart. The Heart is the center of noble deeds. A sincere devotee always listens to his Heart.

In regards to the question you asked about what happens when you die. My answer, as before, "It doesn't matter." Who is it that is born and who is it that dies? When you find this out you will know there was no one that asked the question.

When death appears the life force merges again in Consciousness and our tendencies are drawn back to a new body suitable for working out the karma we have incurred.

When we awaken then all this karma, reincarnation, birth and death never existed. It was all part of the mortal dream.

Self enquiry is the best means for finding out who we are. It is there for sincere devotees, and you are That.

Through the Love and Blessing Of Oneness,

Robert Adams



2370 W. Highway 89 A  
Box 182 Sedona, AZ 86336  
January 16, 1996

Kym Chaffin  
Box 424  
Stillwater, OK 74076

Dear Kym,

I received your welcomed letter and donation and want to thank you.

You spoke of not reacting to the world. The basic answer is first find out who is reacting to the world. Once you know, there will be no problem left.

Stop what you are doing and ask yourself who is getting completely caught up in the illusion. The answer is in silence, Now, not some time in the future, certainly not in the past.

Any problem that pulls you from the Heart Center can be solved by going into Silence.

It will be good to see you one day here in Sedona at Sat –Sang.

Remember you are in my thoughts,

Through the Love and Light of

Oneness,

(his signature)

Robert Adams

RA/ms

2370 Highway 89 A  
Box 162  
Sedona, AZ 86336

Kym Chaffin  
PO Box 424  
Stillwater, OK 74076

Dear Kym,

I want to thank you for your letter and your kind donation.

Self-enquiry serves to quiet the mind. It must be done 24 hours a day. Ignorance begins with the thought, "I am this body." From this primal misidentification, all else proceeds. "I have a mind." "There is a world." "There are others." "I am bound, and I need to be free, etc." This is all imagination. All is Perfection, formless and free.

So long as you feel that you are the body and that you have a mind, then the apparent mind must die. Mind and ego are the same. Enquire as to the source of the I-thought and it will disappear. Where does it come from? Who gave it birth? Where does it go in deep sleep? It is not there but you remain.

Guru is always present. Self speaks to Self, because there is only One. You are the doer. Trust your Self in all things. Abide in your Self. Be still and you will see that you were never born.

In the Light and Love of

Oneness,

(his signature)

Robert Adams